



Child Health Advisory Committee

Minutes

February 8, 2024 · 9:00 a.m. – 10:00 a.m. · Zoom Only

**Call to order:** 9:00 a.m.

**Zoom:** Shannon Borchert, Jerri Clark, Carole Garner, Gabriella Hicks, Cheria McDonald, Dave Oberembt, Carmel Perry, Nathan Morris, Elaine Prewitt, Paula Rawls, Camille Richoux, Jennifer Wessel, **Absent:** Ashten Black, Lucas Harder, Patrick Casey, Mitch Mathis, Josh Phelps, Ray Samaniego, Bala Simon, Tammie Works

**Staff:** Shanetta Agnew, Shy Whitley-Smith

**Guests:** Destiny Allison, Sheila Chastain, Amy Davidson, Kenya Eddings, Krista Jackson, Megan Kulczycki, Ariel Rogers

**Review of September minutes:** J. Clark moved to accept the minutes; C. McDonald seconded. Motion passed.

**Act 1220 & Coordinated School Health Reports:** reports are unchanged from the January meeting. No motion was made to accept the (unchanged) reports.

*Act 1220 Coordinator Report:*

As of 11/16/23, 892 schools have submitted their health and wellness plans.

*Coordinated School Health Advisor Report:*

The AR Coordinated School Health meeting was held virtually on February 7, 2023. The number of participants registered and the number of those in attendance will be provided at the next meeting.

The following topics were covered:

- Arkansas Children's Hospital's Nutrition Center
- UAMS's Culinary Medicine Program
- HIPAA and FERPA and Student Privacy
- Asthma and Allergy Protocols for Schools

A follow-up email with important links and notes was sent to participants. The next meeting is scheduled for May 1, 2024, virtual: 8:30 am-12 pm. The topic will be provided before the May meeting.

Following the Quarterly CSH meeting on February 7, 2024, the Statewide School Health Coalition met. Discussions were held on the coalition's contributions to the 2024 School Health Conference.



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#### **Old Business**

Recommendations for 2024: currently being formatted for presentation.

#### **New Business**

D. Oberembt asked if everyone reviewed the Act 1220 CHAC report and its content and if any members had any questions/concerns. P. Rawls moved to accept the Act 1220 CHAC report; S. Borchert seconded. Motion passed.

The committee discussed and decided to not vote on the changes to the Maximum\_Portion\_Size\_List\_2024\_2025 and table until next year. Due to the following statement from Child Nutrition Unit:

“We are concerned about making changes prior to the release of the interim final rule addressing [nutrition standard provisions](#). Comments were taken in Spring 2023, and they predict a release date of April or May 2024. Since the sugar recommendations are unknown and the release of information will not allow industry to catch up in time for implementation to take place in 2024-2025 school year, we recommend not including a restriction on added sugars in SY 2024-2025. “

The CHAC committee will provide the Child Nutrition Unit with a statement to add in their newsletter regarding not making any changes to the Maximum\_Portion\_Size\_List\_2024\_2025.

C. Garner wanted to know if Hiland was the only milk distributor that most AR school districts utilized. K. Jackson shared that she couldn't guarantee which dairies food vendors and milk vendors are purchasing from. Common places districts get milk in the state of Arkansas:

- Hiland (Borden distribution centers)
- Hiland – LR – districts have stated they have trouble getting flavored (strawberry and vanilla) milk other than chocolate from this distribution center.
- Prairie Farms
- Prime vendors:
  - Ben E Keith
  - Sysco
  - Springfield Grocery

G. Hicks asked if lactose milk was available for students with dietary restrictions and Child Health Nutrition informed the group that currently it is not available as a nutrition standard. S. Chastain informed the committee if a child can only consume lactose-free dairy products, they would need a Rx from their PCP to have in their health record file.



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S. Chastain educated the group that competitive foods are snacks and beverages that do not fall under the USDA school nutritional guidelines. Such as school stores, outside vendors (catering companies), and vending machines.

J. Wessell asked if there was a reason that the document listed non-carbonated water vs. carbonated water. C. Richoux mentioned it could be due to carbonated beverages resulting in tooth decay if consumed too much. S. Chastain shared that the document is based on USDA nutritional guidelines.

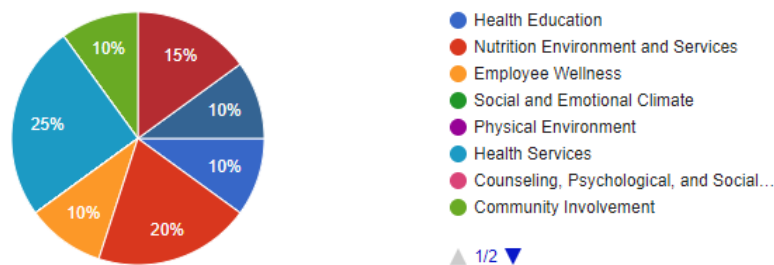
S. Chastain suggested presenting 10-15 minutes during the March meeting about the required training for managers and directors in nutrition. S. Agnew stated she would make sure the request is added to the March agenda.

S. Borchert moved to accept the travel authorization and reimbursement of CHAC members; C. Garner seconded. Motion passed.

Regarding the FY23/FY24 CHAC recommendations D. Oberembt informed the group they are currently being finalized and will be shared with the committee.

S. Agnew shared the results of the FY25 CHAC survey results.

20 responses



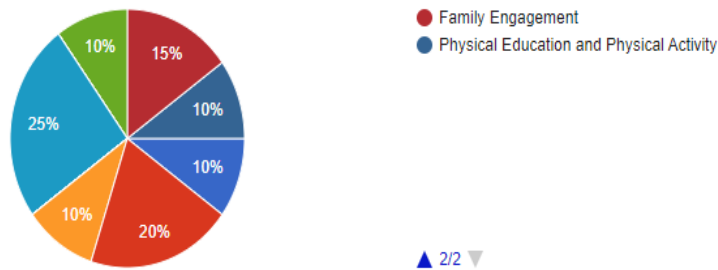


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20 responses



1<sup>st</sup> place with 25% of voters: **Health Services**-School health services intervene with actual and potential health problems, including providing first aid, emergency care and assessment and planning for the management of chronic conditions (such as asthma or diabetes). In addition, wellness promotion, preventive services and staff, student and parent education complement the provision of care coordination services.

2<sup>nd</sup> place with 20% of voters: **Nutrition Environment and Services**-The school nutrition environment provides students with opportunities to learn about and practice healthy eating through available foods and beverages, nutrition education, and messages about food in the cafeteria and throughout the school campus.

3<sup>rd</sup> place with 15% of voters: **Family Engagement**-Families and school staff work together to support and improve the learning, development, and health of students.

S. Borchert stated a google survey will be sent to the committee members to identify what sub-committee they want to join.

### Member & Non-Member Updates/Announcements

Jerri Clark (Arkansas Department of Education, DESE): The Coordinated School Health Summer Conference is scheduled for June 19-20, 2024.

**Adjourn:** 9:58 am.

Join Zoom Meeting: <https://zoom.us/j/96682665672> Meeting ID: 966 8266 5672 One tap mobile +13126266799,,96682665672# US (Chicago)

Next Meeting: Thursday, March 14, 2024, from 9:00 – 10:00 am.



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*State Board of Health meetings are held quarterly on the 4<sup>th</sup> Thursday of each month. Next meeting is April 25, 2024.*