EKG Acquisition



Common and Atypical STEMI Symptoms

Rapid EKG Criteria

EKG within 10 minutes of ED arrival or EMS First **Medical Contact!**

Any patient with symptoms, regardless of age, with any of the following history:

- 1. Heart disease
- 2. Diabetes
- 3. High cholesterol
- 4. Hypertension
- 5. Smoking
- 6. Recent cocaine use

- Chest pain, discomfort, or pressure
- Dyspnea (shortness of breath)
- Arm or shoulder pain (left or right)
- Jaw or neck pain
- Upper back pain
- Epigastric pain or "heartburn"
- Diaphoresis (profuse sweating)
- Nausea or vomiting
- Light-headed or dizzy
- Syncope (fainting)
- Weakness
- Palpitations (heart skips beats)
- Tachycardia (fast heart rate)
- Symptomatic Bradycardia (slow heart rate)

Women, the elderly, and diabetic patients are more likely to present with atypical symptoms such as:

- Generalized nausea
- Weakness
- Syncope (fainting)
- Altered mental status

When in doubt, do an EKG!

Immediately show/ transmit EKG to ED physician for a suspected *STEMI.