

Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) Survey

2019 Surveillance Report

A Survey to Improve the Health of Babies and Mothers in Arkansas



**Arkansas Department of Health
Survey Unit, Health Statistics Branch
Center for Public Health Practice**

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Introduction

The Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) survey is a joint research project between the Health Statistics Branch of the Arkansas Department of Health and the U.S. Centers for Disease Control and Prevention (CDC). The PRAMS survey was started by the CDC in 1987 to provide states with information needed to reduce the number and percentage of babies that are low birthweight and to prevent infant mortality. The program was later expanded to support the CDC's Safe Motherhood Initiative to help women have healthy pregnancies and deliver healthy babies. Arkansas has been conducting the survey since 1997.

The PRAMS survey collects information from new mothers about their experiences and behaviors before, during, and after their pregnancy that might affect the health of their baby or the health of the mother. Because the same data collection methods are used in all states conducting the survey, Arkansas data can be compared to data from other states.

Women who receive the survey are chosen from a sample of all Arkansas women who recently had a live birth in Arkansas and whose infant is 2 to 6 months at the time of sample selection. The sample is weighted so that the results of the survey are applicable to all eligible women. For 2019, the total number of women sampled was 1,794 and 974 women responded to the survey for a weighted response rate of 55.6%. The denominator for calculating prevalence rates includes all respondents except those with missing, do not know, and refused answers.

PRAMS can be used in a number of ways:

- To develop programs or interventions to improve infant health
- To identify groups of women at high risk for infant health problems
- To monitor changes in factors related to infant health
- To measure progress towards goals in improving the health of infants

This surveillance report provides results for questions included in the 2019 Arkansas PRAMS survey. Questions on the survey were grouped to capture information on experiences and behaviors before, during, and after pregnancy and other experiences. A more detailed analysis (e.g., race/ethnicity, age, education, etc.) for any of the questions is available upon request.

A copy of the 2019 (Phase 8) survey with the questions referenced in the report is available at:
<http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/Questionnaires.aspx>.

For more information about Arkansas PRAMS, please visit:
<http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/default.aspx>.

Information about CDC PRAMS is available at:
www.cdc.gov/prams.

Maternal Characteristics of Arkansas PRAMS Respondents, 2019

Characteristics	Responses (n)	Weighted Sample	Weighted Percent	Standard Error
Race/Ethnicity				
White, NH	521	20790	64.7	2.5
Black, NH	300	5757	17.9	1.9
Other, NH	24†	837	2.6	0.8
Hispanic	99	4762	14.8	2.0
Total	944	32146	100.0	
Age				
<20	85	2052	6.1	1.2
20-24	267	8729	26.1	2.3
25-34	495	18224	54.5	2.6
35+	127	4412	13.2	1.7
Total	974	33417	100.0	
Education				
<12	153	4961	15.0	1.9
12	335	10048	30.4	2.4
>12	478	18016	54.6	2.6
Total	966	33025	100.0	
Marital Status				
Married	447	18918	56.6	2.6
Unmarried	527	14499	43.4	2.6
Total	974	33417	100.0	
On Medicaid*				
On Medicaid	579	18097	55.4	2.6
Not on Medicaid	360	14590	44.6	2.6
Total	939	32687	100.0	
Received WIC During Pregnancy				
No	350	16016	48.3	2.6
Yes	600	17124	51.7	2.6
Total	950	33140	100.0	

*Prenatal care paid for by Medicaid or ARKids First.

†Results with less than 30 responses may not be reliable and should be used with caution.

RESULTS FROM 2019 ARKANSAS PRAMS SURVEY

BEFORE PREGNANCY

Table 1. Body Mass Index (BMI) prior to pregnancy. Derived from survey questions 1-2 about height and weight just before getting pregnant.

Pre-Pregnancy BMI	Responses (n)	Weighted Percent	Standard Error	95% CI	
Underweight (< 18.5)	43	3.5	0.9	1.6	5.3
Normal (18.5-24.9)	330	34.9	2.5	29.9	39.8
Overweight (25.0-29.9)	240	29.0	2.4	24.2	33.7
Obese (30.0 +)	307	32.7	2.5	27.8	37.6
Total	920	100.0			

Table 2. Survey question 4. Pre-pregnancy health conditions. (All applicable "Yes" responses checked.)

Pre-Pregnancy Condition		Responses (n)	Weighted Percent	Standard Error	95% CI	
Type 1 or 2 Diabetes	No	933	98.1	0.7	96.7	99.4
	Yes	25	1.9	0.7	0.6	3.3
	Total	958	100.0			
High Blood Pressure/Hypertension	No	875	94.7	1.1	92.6	96.8
	Yes	84	5.3	1.1	3.2	7.4
	Total	959	100.0			
Depression	No	757	77.1	2.2	72.7	81.5
	Yes	200	22.9	2.2	18.5	27.3
	Total	957	100.0			

Table 3. Survey question 5. Multivitamin, prenatal vitamin or folic acid vitamin use during month before pregnancy.

How often vitamins taken	Responses (n)	Weighted Percent	Standard Error	95% CI	
Didn't take any vitamins	592	59.7	2.5	54.8	64.7
1-3 times-week	51	4.8	1.1	2.7	6.9
4-6 times-week	44	6.5	1.3	4.0	8.9
Every day of the week	283	29.0	2.3	24.4	33.6
Total	970	100.0			

Table 4. Survey question 7. Any doctor, nurse, other health care worker visit, including dental or mental health in the twelve months before pregnancy. (All applicable "Yes" responses checked.)

Type of Pre-Pregnancy Healthcare Visit	Responses (n)	Weighted Percent	Standard Error	95% CI	
Family Doctor	337	54.8	3.3	48.4	61.3
OB/GYN	299	56.4	3.3	49.9	62.9
Illness/Chronic Condition	115	16.4	2.4	11.7	21.1
Injury	31	4.6	1.3	2.0	7.3
Family Planning	110	19.9	2.7	14.7	25.1
Depression/Anxiety	86	14.7	2.4	10.0	19.3
Dental Care	299	56.1	3.3	49.6	62.5
Other	84	14.5	2.3	10.0	19.0

Table 5. Survey question 8. During health care worker visit before pregnancy, did doctor, nurse or other health care worker talk or ask about any of these.

Health care worker's actions	Responses (n)	Weighted Percent	Standard Error	95% CI	
Tell me about folic acid	189	31.8	3.1	25.8	37.8
Talk about healthy weight	219	35.1	3.1	28.9	41.3
Talk about controlling diabetes or high blood pressure	98	13.5	2.3	9.0	18.0
Talk about desire to have (or not) have children	226	39.4	3.2	33.0	45.7
Talk about birth control	245	41.8	3.3	35.4	48.3
Talk about improving pre-pregnancy health	167	28.0	3.0	22.2	33.8
Talk about sexually transmitted diseases	173	26.1	2.9	20.3	31.8
Ask about smoking	430	73.5	3.0	67.7	79.3
Ask about emotional hurt	239	37.4	3.2	31.1	43.7
Ask about mental health	276	43.1	3.3	36.6	49.5
Ask about employment	313	56.4	3.3	49.9	62.9
Tested for HIV	171	23.8	2.8	18.3	29.4

Table 6. Survey question 10. Did doctor, nurse or other health care worker talk to you about preparing for a pregnancy.

Health care worker pre-pregnancy preparation	Responses (n)	Weighted Percent	Standard Error	95% CI	
Getting vaccines updated	119	59.1	5.2	48.9	69.3
Getting dental care	98	37.1	5.1	27.0	47.1
Getting counseling for genetic disease	76	28.9	4.8	19.4	38.4
Getting counseling for depression or anxiety	88	36.7	5.1	26.6	46.8
Medication safety	143	67.4	4.9	57.6	77.1
Smoking during pregnancy	147	65.4	5.0	55.6	75.3
Drinking alcohol during pregnancy	148	66.7	4.9	57.0	76.4
Using illegal drugs	142	62.4	5.1	52.4	72.4
Effects of secondhand smoke	141	61.3	5.1	51.3	71.4

Table 7. Survey question 11. Type of health insurance a month before getting pregnant with new baby. (All applicable "Yes" responses checked.)

Type of insurance month before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Insurance from job or job of husband/partner	331	39.6	2.5	34.7	44.5
Insurance from parents	98	10.1	1.6	7.0	13.2
Insurance from Health Care Exchange	89	9.1	1.5	6.1	12.1
Medicaid	359	29.7	2.4	25.0	34.4
ARKids First	66	5.1	1.1	2.9	7.4
TRICARE or other military health	20†	2.0	0.7	0.7	3.3
Other	42	3.3	0.9	1.5	5.2
None	118	12.0	1.8	8.5	15.4

Table 8. Survey question 12. Type of insurance used for prenatal care. (All applicable "Yes" responses checked.)

Type of insurance for prenatal care	Responses (n)	Weighted Percent	Standard Error	95% CI	
Did not have any prenatal care	32	2.2	0.7	0.7	3.6
Insurance from job or job of husband/partner	301	38.2	2.5	33.3	43.1
Insurance from parents	67	6.9	1.3	4.4	9.5
Insurance from Health Care Exchange	63	6.9	1.3	4.2	9.5
Medicaid	552	53.1	2.6	48.0	58.3
ARKids First	59	3.9	1.0	2.0	5.9
TRICARE or other military health	18†	2.0	0.7	0.6	3.4
Other	37	3.3	0.9	1.4	5.1
None	15†	1.9	0.7	0.4	3.3

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 9. Survey question 13. Type of insurance you have now. (All applicable "Yes" responses checked.)

Type of insurance now	Responses (n)	Weighted Percent	Standard Error	95% CI	
Insurance from job or job of husband/partner	302	38.7	2.5	33.8	43.6
Insurance from parents	50	6.6	1.3	4.0	9.2
Insurance from Health Care Exchange	70	6.8	1.3	4.2	9.4
Medicaid	440	36.7	2.5	31.8	41.7
ARKids First	44	2.5	0.8	1.0	4.0
TRICARE or other military health	17†	1.9	0.7	0.6	3.3
Other	47	5.7	1.3	3.2	8.2
None	103	11.3	1.7	8.0	14.7

Table 10. Survey question 14. Feelings about becoming pregnant prior to pregnancy.

Pregnancy feelings	Responses (n)	Weighted Percent	Standard Error	95% CI	
Wanted Later	201	20.4	2.1	16.3	24.6
Wanted Sooner	97	10.5	1.6	7.5	13.6
Wanted Then	352	41.5	2.6	36.4	46.5
Wanted Never	114	8.0	1.4	5.3	10.8
Not sure how I felt	202	19.5	2.1	15.4	23.6

Table 11. Survey question 15. When you got pregnant, were you trying to get pregnant?

Trying to get pregnant	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	561	51.4	2.6	46.3	56.5
Yes	406	48.6	2.6	43.5	53.7
Total	967	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 12. Survey question 16. Were you and your husband doing anything to keep from getting pregnant, for those who said they were not trying to get pregnant (i.e. “No” to question 15).

Trying to keep from getting pregnant	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	357	60.1	3.6	53.0	67.2
Yes	202	39.9	3.6	32.8	47.0
Total	559	100.0			

Table 13. Survey question 17. What were the reasons for not doing anything to keep from getting pregnant, for those who said they were NOT doing anything to keep from getting pregnant (i.e. “No” to question 16) and those who said they were NOT trying to get pregnant (i.e. “No” to question 15). (All applicable "Yes" responses checked.)

Reason for not doing anything	Responses (n)	Weighted Percent	Standard Error	95% CI	
Didn't mind getting pregnant	161	56.0	4.6	46.9	65.1
Thought couldn't at the time	143	36.8	4.5	27.9	45.8
Side effects from birth control	71	23.3	4.0	15.4	31.1
Problems getting birth control when needed	17†	2.0	1.1	0.0	4.2
Thought we were sterile	57	15.8	3.5	9.0	22.6
Husband or partner didn't want to use anything	89	20.9	3.8	13.5	28.4
Forgot to use birth control	43	13.4	3.3	7.0	19.9
Other reason	30	4.0	1.6	0.9	7.1

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 14. Survey question 18. What method of birth control were you using when you got pregnant.

Type of birth control	Responses (n)	Weighted Percent	Standard Error	95% CI	
Birth control pills	64	42.0	5.8	30.6	53.4
Condoms	94	42.5	5.8	31.1	53.8
Shots or injections	18	4.0	2.0	0.0	8.1
Arm implants	2†	1.7	1.7	0.0	4.9
Patch or vaginal ring	4†	2.6	1.7	0.0	5.9
IUD	7†	5.0	2.6	0.0	10.1
Natural method	18†	10.7	3.4	4.1	17.4
Withdrawal	93	40.4	5.7	29.1	51.6
Other	9†	4.9	2.6	0.0	10.0

† Results with less than 30 responses may not be reliable and should be used with caution.

DURING PREGNANCY

Table 15. Derived from survey question 19. Prevalence of prenatal care in the first trimester.

Received prenatal care in 1st Trimester	Responses (n)	Weighted Percent	Standard Error	95% CI	
Yes	786	83.3	2.0	79.4	87.2
No	157	16.5	2.0	12.6	20.4
No PNC	†8	0.2	0.1	0.0	0.3
Total	951	100.0			

Table 16. Survey question 20. Discussion with doctor, nurse, or other health care worker during any prenatal visit.

Prenatal visit discussion	Responses (n)	Weighted Percent	Standard Error	95% CI	
Effects of smoking	664	66.5	2.5	61.6	71.3
Breastfeeding	804	86.2	1.8	82.8	89.7
Effects of alcohol	677	69.5	2.4	64.8	74.2
Effects of illegal drugs	650	65.8	2.5	60.9	70.6
Preterm labor signs	694	75.6	2.2	71.2	80.0
Depression	671	73.6	2.3	69.1	78.1
Physical abuse	454	46.6	2.6	41.4	51.7
Effects of second hand smoke	630	64.1	2.5	59.2	69.0

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 17. Survey question 21. Did a doctor, nurse, or other health care worker ask any of these during a prenatal visit?

Prenatal visit talk	Responses (n)	Weighted Percent	Standard Error	95% CI	
Weight gain during pregnancy	494	50.3	2.6	45.2	55.5
Any prescription medication	866	92.1	1.4	89.3	94.9
Smoke cigarettes	856	90.9	1.5	88.0	93.9
Alcohol use	838	88.7	1.7	85.5	92.0
Emotional or physical abuse	557	59.2	2.6	54.2	64.3
Depressed	677	71.3	2.4	66.7	75.9
Illegal drug use	711	72.5	2.3	67.9	77.1
HIV Test	508	51.3	2.6	46.1	56.4
Breastfeeding plans	871	91.7	1.5	88.9	94.6
Plan to use birth control after birth	812	86.3	1.8	82.8	89.8

Table 18. Survey question 22. Did you have a test for HIV during your most recent pregnancy or delivery?

HIV test	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	252	37.6	2.9	31.8	43.4
Yes	503	62.4	2.9	56.6	68.2
Total	755	100.0			

Table 19. Survey question 23. For those whom did not have a HIV test done (questions 22), what was the reason why the testing for HIV was not done. (All applicable "Yes" responses checked.)

Reasons for no HIV testing	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not offered test	153	59.1	4.9	49.5	68.7
Did not want to	43	17.8	3.9	10.2	25.4
HIV status known	108	43.4	4.9	33.7	53.1
Not at risk	85	37.8	4.8	28.3	47.2
Don't want others to think at risk	6†	1.6	1.3	0.0	4.1
Fear of results	3†	0.2	0.2	0.0	0.5
Other	52	18.6	3.9	11.0	26.2

Table 20. Survey question 24. Doctor, nurse or other health care worker offer you or tell you get a flu shot during 12 months before delivery.

Offered flu shot	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	143	12.7	1.7	9.3	16.2
Yes	817	87.3	1.7	83.8	90.7
Total	960	100.0			

Table 21. Survey question 25. During 12 months before delivery did you receive a flu shot.

Flu shot 12 months before delivery	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	411	38.2	2.5	33.2	43.1
Yes, before pregnancy	124	11.1	1.6	8.0	14.2
Yes, during pregnancy	422	50.7	2.6	45.6	55.8
Total	957	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 22. Survey question 26. Tdap shot or vaccination before most recent pregnancy.

Told visit different doctor	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	312	25.4	2.3	20.9	29.9
Yes	544	74.6	2.3	70.1	79.1
Total	856	100.0			

Table 23. Survey question 27. Teeth cleaned by dentist or dental hygienist during recent pregnancy.

Type of home visitor	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	610	60.0	2.5	55.0	65.0
Yes	354	40.0	2.5	35.0	45.0
Total	964	100.0			

Table 24. Survey question 28. Questions related to dental care during most recent pregnancy.

Health conditions during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Important to care for teeth & gums	807	82.8	2.0	78.8	86.7
Dental care worker talked about dental care	451	47.9	2.6	42.8	53.0
Dental care insurance during pregnancy	687	70.3	2.4	65.6	75.1
Needed dental care for problem	223	20.9	2.1	16.7	25.1
Went to dentist about problem	157	13.9	1.8	10.3	17.4

Table 25. Survey question 29. During most recent pregnancy, home visitor gave home help prepare for new baby.

Told visit different doctor	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	915	97.2	0.8	95.5	98.8
Yes	44	2.8	0.8	1.2	4.5
Total	959	100.0			

Table 26. Survey question 30. For those who had a home visitor help prepare (question 29), who was the home visitor.

Type of home visitor	Responses (n)	Weighted Percent	Standard Error	95% CI	
Nurse or nurse aide	24	49.9	16.1	17.3	82.4
Teacher or health educator	6	22.9	14.2	0.0	51.6
Doula or midwife	3	11.1	9.3	0.0	29.9
Someone else	11	16.2	9.6	0.0	35.7
Total	44	100.0			

Table 27. Survey question 31. Any health of these health conditions during most recent pregnancy.

Health conditions during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Gestational diabetes	106	11.9	1.7	8.6	15.3
High blood pressure	229	15.9	1.8	12.4	19.5
Depression	215	22.9	2.2	18.5	27.3
Gum disease or tooth decay	114	12.2	1.8	8.7	15.6

Table 28. Survey question 32. For those who had gestational diabetes during most recent pregnancy (question 31(a)), did doctor, nurse or other health care worker tell you to make an appointment with different doctor because of the gestational diabetes.

Told visit different doctor	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	63	66.5	7.6	51.4	81.6
Yes	36	33.5	7.6	18.4	48.6
Total	99	100.0			

Table 29. Survey question 33. For those who had gestational diabetes during most recent pregnancy (question 31(a)), did doctor, nurse or other health care worker do any of these.

Gestational diabetes assistance	Responses (n)	Weighted Percent	Standard Error	95% CI	
Referral to nutritionist	64	66.8	7.7	51.5	82.1
Talk about exercise	82	74.4	7.3	59.9	88.9
Talk about weight	68	58.0	8.1	41.8	74.1
Suggest breastfeeding	61	57.3	8.0	41.4	73.2
Talk about type 2 diabetes	73	66.9	7.8	51.3	82.4

Table 30. Survey question 34. Smoked cigarettes in the past two years.

Smoked cigarettes in the past two years	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	697	74.8	2.3	70.3	79.3
Yes	265	25.2	2.3	20.7	29.7
Total	962	100.0			

Table 31. Survey question 35. For those who smoked cigarettes in the past 2 years (question 34), how many cigarettes were smoked on average in a day in the three months before pregnancy.

Cigarettes per day (3 months before pregnancy)	Responses (n)	Weighted Percent	Standard Error	95% CI	
41 cigarettes or more	8†	0.6	0.2	0.1	1.0
21 to 40 cigarettes	10†	5.6	2.7	0.4	10.9
11 to 20 cigarettes	63	22.8	4.5	14.0	31.6
6 to 10 cigarettes	63	25.2	4.7	16.0	34.4
1 to 5 cigarettes	76	27.8	4.7	18.6	37.1
Less than 1 cigarette	19†	10.3	3.3	3.7	16.8
None 0 cigarettes	25†	7.7	2.7	2.4	13.0
Total	264	100.0			

Table 32. Survey question 36. How many cigarettes were smoked on average in a day in the last three months of pregnancy.

Cigarettes per day (last 3 months of pregnancy)	Responses (n)	Weighted Percent	Standard Error	95% CI	
41 cigarettes or more	2†	0.1	0.1	0.0	0.4
21 to 40 cigarettes	5†	0.2	0.1	0.0	0.4
11 to 20 cigarettes	22†	10.7	3.4	4.0	17.4
6 to 10 cigarettes	20†	6.3	2.6	1.1	11.5
1 to 5 cigarettes	57	27.7	4.9	18.2	37.3
Less than 1 cigarette	20†	7.6	2.8	2.1	13.1
None 0 cigarettes	136	47.4	5.3	37.0	57.8
Total	262	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 33. Derived from survey questions 35, 36 & 40. Prevalence of smoking before, during, and after pregnancy. (Smoking questions asked of women who had smoked any cigarettes in the past two years.)

Smoked 3 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	722	76.8	2.2	72.4	81.1
Yes	239	23.2	2.2	18.9	27.6
Total	961	100.0			

Smoked last 3 months of pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	833	86.6	1.8	83.0	90.3
Yes	126	13.4	1.8	9.7	17.0
Total	959	100.0			

Smoke now (at time of survey)	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	774	85.4	1.9	81.7	89.0
Yes	184	14.6	1.9	11.0	18.3
Total	958	100.0			

Table 34. Survey question 37. Any quit activities during most recent pregnancy.

Quit smoke activities	Responses (n)	Weighted Percent	Standard Error	95% CI	
Set quit date	73	32.6	5.5	21.9	43.4
Use booklets/videos	22†	9.2	3.4	2.5	15.8
Call quitline or visit website	8†	3.7	2.2	0.0	8.1
Attend class	1†	0.1	0.1	0.0	0.3
Quit counselling	1†	0.1	0.1	0.0	0.3
Patch/gum/lozenge	14†	4.4	2.2	0.0	8.7
Use pill/Zyban	2†	0.2	0.2	0.0	0.5
Use pill/Chantix	1†	0.1	0.1	0.0	0.3
Quit by self	176	71.8	5.2	61.5	82.1
Switch to e-cigs	19†	9.1	3.4	2.4	15.7
Other	14†	13.1	4.4	4.5	21.7

Table 35. Survey question 38. Quit smoke around time of most recent pregnancy.

Quit period around time of recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	30	12.2	3.8	4.7	19.8
No, but I cut back	58	27.2	5.2	16.9	37.4
Yes, before pregnant	20†	13.8	4.1	5.8	21.8
Yes, when pregnant	80	31.4	5.3	21.0	41.9
Yes, later in pregnancy	35	15.4	4.2	7.1	23.6
Total	223	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 36. Survey question 39. Whether any of these make it difficult to quit smoking.

Reasons why quitting is difficult	Responses (n)	Weighted Percent	Standard Error	95% CI	
Cost of meds or products	62	28.0	5.2	17.8	38.2
Cost of classes	44	13.8	3.8	6.2	21.3
Weight gain	50	19.6	4.5	10.6	28.5
Loss of way to handle stress	126	60.2	5.6	49.1	71.3
Others smoking	133	59.7	5.7	48.5	70.9
Cigarette cravings	155	66.2	5.5	55.3	77.1
Lack of support	76	34.1	5.5	23.2	44.9
Depression	91	42.0	5.8	30.6	53.4
Anxiety	120	56.4	5.7	45.1	67.7

Table 37. Survey question 40. Current average number of cigarettes smoked per day.

Cigarettes per day	Responses (n)	Weighted Percent	Standard Error	95% CI	
41 cigarettes or more	1†	0.1	0.1	0.0	0.4
21 to 40 cigarettes	10†	3.2	2.0	0.0	7.1
11 to 20 cigarettes	48	17.3	4.1	9.2	25.4
6 to 10 cigarettes	51	16.0	3.9	8.3	23.6
1 to 5 cigarettes	63	17.6	4.0	9.7	25.4
Less than 1 cigarette	11†	4.4	2.2	0.1	8.7
None 0 cigarettes	77	41.4	5.3	31.0	51.8
Total	261	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 38. Derived from survey questions 35-36 & 40. Women who quit smoking during the last 3 months of pregnancy and resumed after delivery.

Smoking status/last 3 months of pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Quit in last three months	116	45.4	5.5	34.5	56.3
Did not quit in last three months	121	54.6	5.5	43.7	65.5
Total	237	100.0			

Table 39. Derived from survey questions 35-36 & 40. Delivery status after women who quit.

Smoking status after delivery for women who quit	Responses (n)	Weighted Percent	Standard Error	95% CI	
Smoking resumed after delivery	62	36.4	7.8	21.0	51.8
Smoking not resumed after delivery	51	63.6	7.8	48.2	79.0
Total	113	100.0			

Table 40. Survey question 41. Number of cigarette smokers in home, including self, during most recent pregnancy.

Number of smokers in home during most recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
0	667	76.7	2.2	72.3	81.1
1	186	16.7	2.0	12.8	20.6
2	60	4.7	1.1	2.5	7.0
3	18†	1.1	0.5	0.1	2.0
4	5†	0.4	0.4	0.0	1.1
5	2†	0.0	0.0	0.0	0.0
6	2†	0.4	0.3	0.0	1.0
11	1†	0.0	0.0	0.0	0.0
Total	941	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 41. Survey question 42. Describe the rules about smoking inside your home during your most recent pregnancy.

Home smoking rules	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not allowed anywhere	856	92.2	1.4	89.5	94.9
Allowed some places or times	63	4.1	1.0	2.1	6.0
Permitted anywhere	39	3.7	1.0	1.8	5.7
Total	958	100.0			

Table 42. Survey question 43. Number of cigarette smokers in your home, not including yourself.

Number of smokers in home	Responses (n)	Weighted Percent	Standard Error	95% CI	
0	700	78.1	2.2	73.8	82.4
1	191	18.2	2.1	14.2	22.2
2	38	1.7	0.6	0.5	2.9
3	12†	1.6	0.7	0.2	2.9
4	6†	0.4	0.3	0.0	1.1
5	2†	0.0	0.0	0.0	0.1
6	1†	0.0	0.0	0.0	0.0
11	1†	0.0	0.0	0.0	0.0
Total	951	100.0			

Table 43. Survey question 44. Rules regarding smoking inside the home now.

Current home smoking rules	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not allowed anywhere	884	94.2	1.2	91.8	96.6
Allowed some places or times	51	4.1	1.1	2.1	6.2
Permitted anywhere	20†	1.6	0.6	0.4	2.9

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 45. Survey question 46. In three months before pregnancy, how often were e-cigarettes or other electronic nicotine products used.

How often e-cigarettes used	Responses (n)	Weighted Percent	Standard Error	95% CI	
More than once a day	22†	13.3	5.0	3.3	23.3
Once a day	5†	7.0	4.5	0.0	15.9
2-6 days a week	17†	14.6	5.8	3.1	26.1
1 day a week or less	20†	23.9	7.4	9.2	38.7
Not use electronic vapor products	45	41.2	8.1	25.0	57.3
Total	109	100.0			

Table 46. Survey question 47. How often e-cigarettes or other electronic nicotine products used in last three months of pregnancy.

E-cigarettes use in last 3 months	Responses (n)	Weighted Percent	Standard Error	95% CI	
More than once a day	3†	3.6	3.3	0.0	10.2
Once a day	8†	8.1	4.6	0.0	17.3
2-6 days a week	3†	0.9	0.5	0.0	1.8
1 day a week or less	10†	16.6	6.5	3.7	29.5
Not use electronic vapor products	85	70.9	7.8	55.5	86.3
Total	109	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 47. Survey question 48. Any alcoholic drinks in the past two years.

Alcohol in past 2 years	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	387	38.4	2.5	33.4	43.4
Yes	567	61.6	2.5	56.6	66.6
Total	954	100.0			

Table 48. Survey question 49. How many alcoholic drinks in average week in the three months before pregnancy.

Alcohol 3 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
14 drinks or more a week	8†	1.1	0.7	0.0	2.5
8 to 13 drinks a week	7†	0.8	0.6	0.0	1.9
4-7 drinks a week	49	6.7	1.6	3.6	9.8
1-3 drinks a week	159	30.1	3.1	24.1	36.2
less than 1 drink a week	257	48.4	3.3	41.9	54.8
I didnt drink then	87	12.9	2.2	8.6	17.1
Total	567	100.0			

Table 49. Survey question 50. Did any of these happen - push, hit, slap, kick, choke or physically hurt - in the 12 months before pregnancy by any of these people.

Abuse by any others 12 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Husband or partner	30	2.7	0.8	1.0	4.3
Ex-husband or ex-partner	33	2.9	0.9	1.2	4.7
Other	13†	1.5	0.7	0.2	2.7

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 50. Survey question 51. Did any of these happen - push, hit, slap, kick, choke or physically hurt - during most recent pregnancy.

Abuse by any others during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Husband or partner	21†	1.5	0.6	0.3	2.8
Ex-husband or ex-partner	20†	1.9	0.7	0.5	3.2
Other	11†	0.8	0.5	0.0	1.8

Table 51. Survey question 52. Did any of these happen during most recent pregnancy.

Type of abuse during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Threatened or felt unsafe	44	3.7	1.0	1.7	5.6
Anger or threats	31	2.9	0.9	1.1	4.6
Was controlled	59	5.9	1.3	3.4	8.4
Forced sex	17†	1.5	0.6	0.2	2.8

† Results with less than 30 responses may not be reliable and should be used with caution.

AFTER PREGNANCY

Table 52. Survey question 54. Length of hospital stay after delivery of baby.

Length of stay	Responses (n)	Weighted Percent	Standard Error	95% CI	
< 1 DAY	20†	3.1	0.9	1.3	4.9
1-2 DAYS	431	54.5	2.6	49.5	59.6
3-5 DAYS	259	30.8	2.5	26.0	35.6
6-14 DAYS	64	5.8	1.2	3.4	8.1
More than 14 days	162	4.7	0.6	3.5	5.8
Not born in hospital	6†	1.0	0.5	0.0	2.1
Still in hospital	8†	0.2	0.1	0.0	0.3
Total	950	100.0			

Table 53. Survey question 55. Is your infant alive now.

Infant alive	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	15†	0.3	0.1	0.1	0.5
Yes	929	99.7	0.1	99.5	99.9
Total	944	100.0			

Table 54. Survey question 56. For those mothers whose babies are living (question 52) and stay with them.

Infant with mom	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	9†	0.2	0.1	0.1	0.3
Yes	919	99.8	0.1	99.7	99.9
Total	928	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 55. Survey question 57. Received information on breastfeeding before or after birth of baby.

Source of information	Responses (n)	Weighted Percent	Standard Error	95% CI	
Doctor	704	81.2	2.0	77.3	85.2
Nurse/midwife/doula	586	62.3	2.6	57.2	67.4
Lactation specialist	606	64.6	2.6	59.5	69.6
Baby's doctor	612	70.6	2.4	65.9	75.3
Breastfeeding support group	218	22.6	2.2	18.3	26.9
Breastfeeding hotline	113	12.0	1.7	8.7	15.3
Family/friends	569	65.1	2.5	60.1	70.0

Table 56. Survey question 58. Breastfeeding for any length of time.

Ever breastfeed	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	215	17.6	2.0	13.7	21.6
Yes	716	82.4	2.0	78.4	86.3
Total	931	100.0			

Table 57. Survey question 59. For those who did not breastfeed (question 58), reasons for not breastfeeding.

Reason for not breastfeeding	Responses (n)	Weighted Percent	Standard Error	95% CI	
Mom too sick or on medication	39	11.2	3.6	4.1	18.2
Other children to care for	56	24.9	5.4	14.2	35.6
Too many household duties	36	12.6	4.0	4.8	20.5
Do not like breastfeeding	54	18.4	4.6	9.4	27.4
Tried but it was too hard	40	10.5	3.3	3.9	17.0
Did not want to	100	48.4	6.3	36.0	60.7
Went back to work	49	21.5	5.0	11.6	31.4
Went back to school	15†	4.5	2.0	0.5	8.5

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 58. Survey question 60. Currently breastfeeding or feeding pumped milk to baby.

Currently breast feeding	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	452	56.0	2.9	50.4	61.6
Yes	264	44.0	2.9	38.4	49.6
Total	716	100.0			

Table 59. Survey question 62. Things that happened at hospital where baby was born.

Hospital's actions	Responses (n)	Weighted Percent	Standard Error	95% CI	
Hospital gave breastfeeding information	660	94.9	1.3	92.3	97.5
Baby in room with mom	534	87.9	1.7	84.5	91.2
Breastfed in hospital	581	89.2	1.8	85.7	92.6
Staff helped with breastfeeding	564	76.5	2.5	71.6	81.5
Breastfed in 1st hour	405	73.1	2.5	68.2	78.0
Skin-to-skin contact in 1st hour	480	82.8	2.0	78.8	86.8
Only breast milk at hospital	373	59.7	2.9	54.0	65.3
Breastfeed on demand	509	85.2	2.0	81.3	89.0
Hospital provided pump	371	40.0	2.8	34.4	45.6
Hospital gave gift pack with formula	432	52.7	2.9	47.0	58.5
Hospital gave phone number for breastfeeding help	549	78.5	2.4	73.7	83.3
Hospital gave baby pacifier	516	60.3	2.9	54.7	66.0

Table 60. Survey question 63. The one position that baby is most often laid to sleep.

Sleep position	Responses (n)	Weighted Percent	Standard Error	95% CI	
Side	103	10.6	1.6	7.5	13.8
Back	700	79.1	2.1	74.9	83.3
Stomach	87	7.0	1.3	4.5	9.6
Other	29	3.2	1.0	1.3	5.1
Total	919	100.0			

Table 61. Survey question 64. How often baby slept alone in own crib or bed in the last 2 weeks.

Baby sleeps alone	Responses (n)	Weighted Percent	Standard Error	95% CI	
Always	464	49.0	2.6	43.9	54.2
Often almost always	186	19.8	2.1	15.7	24.0
Sometimes	100	10.9	1.7	7.7	14.2
Rarely	62	8.2	1.5	5.3	11.1
Never	108	12.0	1.7	8.6	15.4
Total	920	100.0			

Table 62. Survey question 65. When baby slept alone (question 64), whether mother shared the room.

Baby in room with mom	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	112	15.0	2.0	11.2	18.9
Yes	697	85.0	2.0	81.1	88.8
Total	809	100.0			

Table 63. Survey question 66. How baby usually slept in the past two weeks.

Sleeping style	Responses (n)	Weighted Percent	Standard Error	95% CI	
Crib/bassinet, pack & play	792	83.6	2.0	79.7	87.5
Twin or larger mattress	333	36.5	2.6	31.5	41.6
Couch/sofa/armchair	108	12.9	1.8	9.3	16.5
Infant car seat or swing	347	42.0	2.6	36.8	47.1
Sleeping sack or wearable blanket	271	33.1	2.5	28.3	37.9
With blanket	472	53.0	2.6	47.9	58.2
Toys/cushions/pillows	104	10.8	1.6	7.6	13.9
Crib bumper pads	166	16.8	2.0	12.9	20.7

Table 64. Survey question 67. Doctor, nurse or other health care worker speak of these.

Talk on baby sleep	Responses (n)	Weighted Percent	Standard Error	95% CI	
Place on back to sleep	852	91.5	1.5	88.5	94.4
Place in crib/bassinet/pack & play	799	85.1	1.9	81.4	88.8
Place crib on mom's bed	540	53.1	2.6	47.9	58.3
Items that can or cannot go in baby's bed	820	87.2	1.8	83.7	90.7

Table 65. Survey question 68. Home visitor after delivery.

Home visitor after delivery	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	849	94.2	1.2	91.9	96.5
Yes	87	5.8	1.2	3.5	8.1
Total	936	100.0			

Table 66. Survey question 69. For those who had a home visitor (question 68), did home visitor talk about these.

Home visitor discussion	Responses (n)	Weighted Percent	Standard Error	95% CI	
Breastfeeding	58	76.9	8.3	60.4	93.4
Waiting before getting pregnant again	45	58.2	10.6	37.2	79.3
Family planning	52	72.1	9.1	54.1	90.1
Postpartum depression	67	87.6	6.2	75.3	99.9
Community resources	56	79.8	7.5	64.9	94.6
Healthy weight	46	57.8	10.6	36.6	78.9
Quit smoking	46	59.6	10.4	39.0	80.3
How to get health care	71	85.3	7.3	70.8	99.9

Table 67. Survey question 70. Using any birth control.

Postpartum birth control	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	214	19.2	2.0	15.2	23.1
Yes	734	80.8	2.0	76.9	84.8
Total	948	100.0			

Table 68. Survey question 71. Those who are not using birth control (question 70), what are the reasons for not doing so.

Reasons for no birth control	Responses (n)	Weighted Percent	Standard Error	95% CI	
Want pregnancy	35	17.9	4.4	9.2	26.5
Pregnant now	21†	8.3	3.2	2.0	14.6
Tubes tied or blocked	22†	6.9	3.0	1.1	12.7
Did not want to use	88	40.9	5.6	29.7	52.0
Side effects of birth control	85	30.4	5.2	20.1	40.6
Not sexually active	52	19.0	4.3	10.5	27.5
Husband or partner does not want to	30	12.9	3.9	5.3	20.5
Payment problems	6†	5.0	2.7	0.0	10.3

Table 69. Survey question 72. Type of birth control being used.

Birth control type	Responses (n)	Weighted Percent	Standard Error	95% CI	
Tubes tied	126	15.6	2.1	11.4	19.7
Vasectomy	12†	1.9	0.8	0.4	3.5
Birth control pills	159	24.5	2.5	19.6	29.4
Condoms	211	26.1	2.5	21.1	31.1
Shots or injections	100	8.9	1.7	5.6	12.2
Implants	41	6.4	1.4	3.6	9.2
Contraceptive patch or ring	26†	1.9	0.7	0.4	3.3
IUD	90	14.4	2.0	10.4	18.4
Natural method	23†	2.5	0.9	0.8	4.2
Withdrawal	151	18.2	2.2	13.8	22.6
No sex	103	10.8	1.8	7.3	14.3

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 70. Survey question 73. Had postpartum check since delivery.

Postpartum check	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	145	11.2	1.6	8.0	14.4
Yes	806	88.8	1.6	85.6	92.0
Total	951	100.0			

Table 71. Survey question 74. For those who have had a postpartum check (questions 72), were any of these done.

Postpartum check content	Responses (n)	Weighted Percent	Standard Error	95% CI	
Take folic acid	461	58.2	2.8	52.8	63.6
Healthy eating & exercise	439	51.4	2.8	45.9	56.8
Wait before another pregnancy	406	45.6	2.8	40.2	51.0
Birth control methods	691	86.3	2.0	82.4	90.1
Prescription for birth control	407	51.9	2.8	46.4	57.3
Received IUD or implant	159	21.9	2.3	17.4	26.4
Smoking habits	458	53.9	2.8	48.4	59.3
Any abuse	382	45.6	2.8	40.1	51.0
Depression	622	76.2	2.4	71.5	81.0
Test for diabetes	211	22.6	2.4	18.0	27.3

Table 72. Survey question 75. Testing for diabetes since birth of baby.

Diabetes test	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	761	81.1	2.1	77.0	85.1
Yes	185	18.9	2.1	14.9	23.0
Total	946	100.0			

Table 73. Survey question 76. For those who were tested for diabetes (question 75), doctor, nurse or other health care worker informed mother that she had diabetes.

Told diabetes	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	171	97.0	1.9	93.3	100.0
Yes	11†	3.0	1.9	0.0	6.7
Total	182	100.0			

Table 74. Survey question 77. For those who were tested for diabetes (question 75), but haven't been informed by a doctor, nurse or health care worker that they have diabetes (question 76), did a doctor, nurse or other health care worker tell mother that she had prediabetes, borderline diabetes or high blood sugar.

Pre-diabetes	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	159	90.1	3.9	82.5	97.7
Yes	13†	9.9	3.9	2.3	17.5
Total	172	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 75. Survey question 78. How often felt hopeless, depressed or down.

Depression	Responses (n)	Weighted Percent	Standard Error	95% CI	
Always	30	3.0	0.9	1.2	4.9
Often almost always	110	10.1	1.5	7.0	13.1
Sometimes	243	24.5	2.3	20.0	28.9
Rarely	250	31.0	2.4	26.3	35.8
Never	313	31.4	2.4	26.6	36.1
Total	946	100.0			

Table 76. Survey question 79. How often have you had little interest or little pleasure in doing things that were usually enjoyed.

Little pleasure doing things	Responses (n)	Weighted Percent	Standard Error	95% CI	
Always	50	4.0	1.0	2.0	5.9
Often almost always	99	8.1	1.4	5.3	10.9
Sometimes	244	26.2	2.3	21.6	30.7
Rarely	237	26.9	2.3	22.4	31.4
Never	316	34.9	2.5	30.0	39.7
Total	946	100.0			

OTHER EXPERIENCES

Table 77. Survey question 80. Services received during most recent pregnancy.

Services received	Responses (n)	Weighted Percent	Standard Error	95% CI	
Food stamps	331	26.3	2.3	21.8	30.9
WIC	600	51.7	2.6	46.6	56.8
Counseling	58	5.5	1.2	3.2	7.8
Help to quit smoking	19†	0.6	0.4	0.0	1.3
Help to reduce violence	23†	1.4	0.6	0.2	2.6

Table 78. Survey question 81. During 12 months before baby's birth, what was yearly income.

Income	Responses (n)	Weighted Percent	Standard Error	95% CI	
\$ 0 TO \$16,000	280	22.0	2.2	17.7	26.3
\$16,001 TO \$20,000	114	12.9	1.8	9.3	16.5
\$20,001 TO \$24,000	74	8.4	1.5	5.4	11.4
\$24,001 TO \$28,000	55	6.7	1.4	4.0	9.4
\$28,001 TO \$32,000	51	6.3	1.3	3.7	8.9
\$32,001 TO \$40,000	47	6.0	1.3	3.4	8.6
\$40,001 TO \$48,000	33	4.8	1.2	2.5	7.1
\$48,001 TO \$57,000	31	3.9	1.0	1.9	5.8
\$57,001 TO \$60,000	28†	2.5	0.8	0.9	4.2
\$60,001 TO \$73,000	36	5.4	1.2	3.1	7.7
\$73,001 TO \$85,000	38	5.1	1.1	2.9	7.3
\$85,001 OR MORE	115	16.2	1.8	12.6	19.7
Total	902	100.0			

† Results with less than 30 responses may not be reliable and should be used with caution.

Table 78. Survey question 82. During 12 months before delivery, count income dependents.

Number of income dependents	Responses (n)	Weighted Percent	Standard Error	95% CI	
1	117	8.9	1.5	6.0	11.8
2	288	32.1	2.4	27.3	36.9
3	255	27.9	2.3	23.3	32.5
4	155	17.0	2.0	13.1	20.9
5	62	7.9	1.4	5.1	10.7
6	24†	3.6	1.1	1.6	5.7
7	14†	0.9	0.4	0.0	1.7
8	8†	1.2	0.6	0.0	2.3
9	4†	0.3	0.3	0.0	0.8
10	2†	0.3	0.2	0.0	0.8
11	1†	0.0	0.0	0.0	0.1
Total	930	100.0			